



Virtual Reality Therapies Australasia Pty Ltd

ABN 85 140 455 367

A subsidiary Company of Virtual Medicine Pty Ltd

Dr. Colin Carbis presents
How **Virtual Reality Therapy** can assist
your clients to overcome

- *Anxiety/Panic Disorder*
- *Depression*
- *Stress*
- *Sleep problems*
- *Addictions to alcohol,
smoking, gambling*

Information Session

Friday 23rd July, 2010

1.00pm to 4.30pm

Function Room

Level 1

Action Sports Centre

Clarice Avenue

Box Hill

Afternoon Tea Provided.

Drinks at bar prices from 4.30pm.

Cost: **\$5.00** payable on entry

Bookings essential: Contact Sue Sandy on 0422 416 894 or susan@vrta.com.au to reserve your seat today. RSVP by Mon 19th July.

Overview:

Our subconscious mind plays an important role in shaping our response to pain, sickness, anxiety, panic, stress and depression.

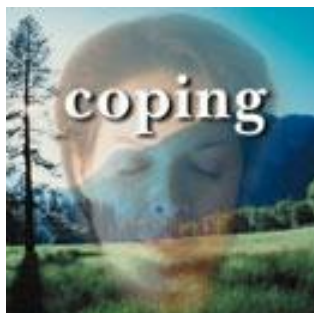
Virtual Reality Therapy is a method that uses the latest in patented relaxation technology based on the emerging science of mind-body medicine. This field recognizes that for Australians to successfully regain control of their lives, both the mind and body must work as a team.

Virtual Reality Therapy works with both your conscious and subconscious mind to develop new neurological pathways. These help reprogram your thinking so that a balance is achieved between the mind and body. This means that instead of just taking care of the symptoms you permanently change those predictable habits and behaviors. By learning new skills and beliefs you are able to make healthier choices to improve your lifestyle, health and wellbeing.

Virtual Reality Therapy provides immediate access to the benefits of mind-body medicine in a consistent, pain free and reliable manner.

Agenda:

12.30pm to 1.00pm	Registration
1.00pm to 1.05pm	Welcome and Introduction by Susan Sandy National Sales & Training Manager
1.05pm to 2.30pm	Dr. Colin Carbis will present: Hypnosis Theory What is Virtual Reality Therapy? How Virtual Reality Therapy interacts with the subconscious mind. How Virtual Reality can be used as a therapeutic tool to assist your clients with overcoming: <ul style="list-style-type: none">• Anxiety and Panic Disorder• Stress and Depression• Sleep Disorders• Addictions to drugs, gambling, smoking How Virtual Reality Therapy can be used for relaxation.
2.30pm to 3.00pm	Afternoon Tea
2.30pm to 3.30pm	Mr. Joe Mastro will present: How to obtain certification to enable you to use Virtual Reality as a therapeutic tool in your practice The benefits of becoming a Virtual Reality Practitioner Question and Answer session
3.30pm to 4.30pm	Sample Virtual Reality Therapy for yourself



Visit www.virtualmedicine.com.au for further information